

Hamburger Gewichtheber-Verband e.V.

A N N O U N C E M E N T :

Open Kettlebell Tournament among athletes from EU-countries and Swiss

Younger – Adults - Amateurs – Masters

2nd June 2012 in Hamburg, Germany

Host: Hamburger Gewichtheber-Verband e.V.

Tournament: Classical Biathlon, Jerk + Snatch (men)
Snatch (women)

According to reglament of IUKL in 2012.

Scoring:

1 successful Jerk = 1 Point

1 successful Snatch = 0.5 Point

Age of participants:

Weight:

Adults/Boys:

1st youth up to 16 years: 16kg

2nd youth from 17 to 18 years: 16kg

Adults from 19 to 39 years (pros): 32kg

Adults from 19 to 39 years (amateurs): 24kg

Masters from 40 to 59 years: 24kg

Masters from 60 years: 16kg

Women/Girls:

1st youth up to 16 years: 12kg

2nd youth from 17 to 18 years: 16kg

Adults from 19 to 34 years (pros): 24kg

Adults from 19 to 34 years (amateurs): 16kg

Masters from 35 to 54 years: 16kg

Masters from 55 years: 8kg

Weight category:

Adults/Boys:

Youth: -53kg; -58kg; -63kg; -68kg; -73kg; -78kg; -85kg; +85kg

Adults and Masters: -53kg; -58kg; -63kg; -68kg; -73kg; -78kg; -85kg;
-95kg; -105kg; +105kg

Women/Girls:

Youth: -53kg; -58kg; -63kg; +63kg

Adults and Masters: -53kg; -58kg; -63kg; -68kg; +68kg

Attendance: Citizenship (ID) or residence (proof required) in a country of the European Union (Belgium, Bulgaria, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Austria, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden, United Kingdom) or in Switzerland.

Requirements: Healthy physical condition on the day of the tournament.
Basic knowledge and experience in tournament weights.
Appropriate clothes (short-sleeved shirt, shorts that do not cover knees).
The referees have the right to prevent or cancel the start of a clearly unprepared athlete.

Order of events: Weighing 10:30 am until 11:30 am
Contest from 12:00 am

According to the amount of participants, the tournament will be carried out on four, five or six lots.
After the tournament the organizer will proceed with the award ceremony.
The tournament will be carried out with standardised kettlebells.
Kettlebells for warming up will be provided.

Awarding of prizes: All participants will receive a certificate.
The first-, second- and third-placed participant from each weight category will be each awarded with a medal.
The three participants with the highest total score from the whole tournament (regardless of age and weight) will be each awarded with a price cup.

Entry fee: 5 EUR Youth
15 EUR Adults, Amateurs, Masters
The entry fee must be paid in cash on the tournament day.

Application: To kettlebell2012@athletenclub-hamburg.de with the following details:

First name, last name
Birth date
Weight category

Application deadline: 15th April 2012

Competition site: Leistungszentrum Gewichtheben
Osterbekstraße 96
22083 Hamburg, Germany

Competition organization: Hamburger Gewichtheber-Verband e.V.

Competition execution: Athletenclub Hamburg e.V.

Responsibility: No liability for items brought along.

Contact: Johann Martin (German or Russian only)
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